

You are being punished for:

Your punishment:

You need _____ points to regain your privileges

On top of your normal chores, you can earn points by:

Learning & Being Nice

Write a letter of apology	30 points
Do something nice for the person affected by your actions	25 points
Do something nice/helpful for someone else	25 points
List 5 ways your behaviour affects others	20 points
Write about how else you should've reacted	20 points

Indoors

Tidying up your room	15 points
Tidying up the _____ room	15 points
Unload and reload the dishwasher	15 points
Take out the garbage and re-bag	15 points
Clean the bathroom	25 points
Vacuum the house	25 points

Outdoors

Mow the lawn	25 points
Weeding	25 points
Wash and clean the car	25 points
Walking the dog for 5 days	50 points
Wash the Dog	30 points

Create your own punishment

_____	points
_____	points